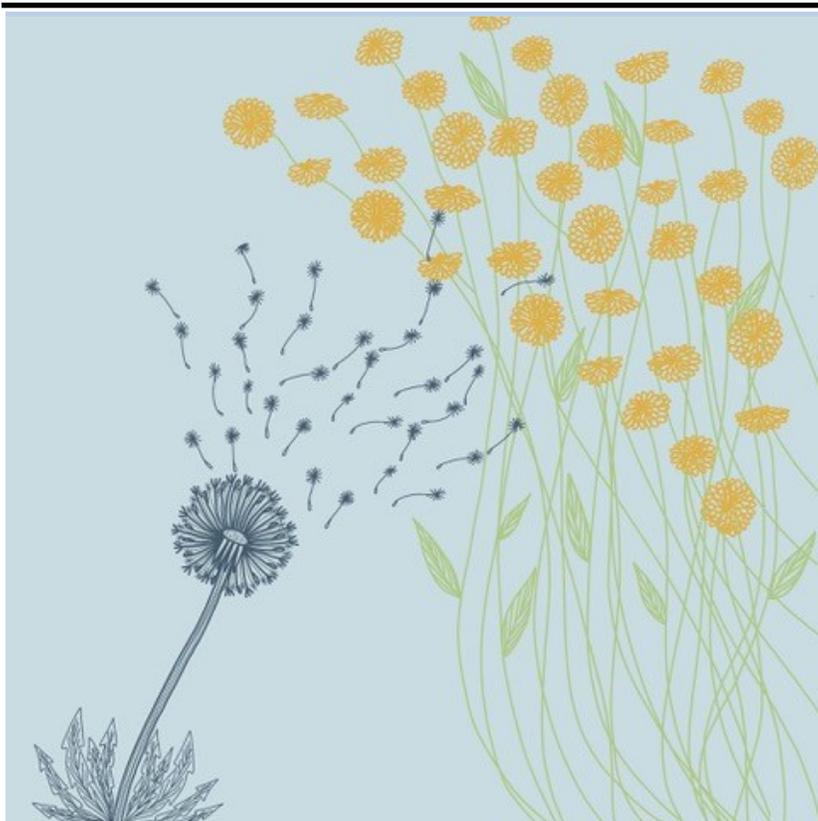




# United Methodist Herald

June 2022



## June Worship

**June 5**  
**Pentecost and Commencement**  
**Sunday**  
**Celebration of Holy**  
**Communion**  
**Acts 2:1-21**  
**Rev. Jerad Morey**

**Summer Worship Series:**  
**How Can I Keep From**  
**Singing - Hymns of**  
**our Faith**

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**June 12**  
*Nearer, My God, To Thee*  
**Genesis 28:11-19**  
**Rev. Rachel McIver Morey**

**June 19]**  
*Children of the Heavenly Father*  
**Psalm 139**  
**Rev. Rachel McIver Morey**

**June 26**  
*Here I am, Lord*  
**Isaiah 6:1-10**  
**Rev. Jerad Morey**

**July 3 (July 4th Weekend)**  
**Online Worship**  
*This is My Song*  
**Psalm 8**  
**Rev. Rachel McIver Morey**

Herald Newsletter Cover Art: Penelope Figueroa-Ray



## NUMC WELCOME STATEMENT

We affirm that all people are created in the image of God and, as beloved children of God, all are worthy of God's love and grace, regardless of their sexual orientation, gender identity, family status, race, ethnicity, physical or mental ability, socio-economic status, or age. We unreservedly support and affirm the full inclusion of persons of all sexual orientations and gender identities in all facets of ministry at Northfield UMC, including ordination and marriage. Following Christ's example, we open our hearts, minds, and doors to welcome all who come to us in God's grace.

### Northfield PRIDE in the Park: June 11th

Northfield UMC will join other welcoming congregations in Central Park, 12-4pm, June 4th. Stop by to say hello and pick up a pinwheel - distributed while supplies last!



### FINANCE UPDATE

#### How to make tithes and offerings

You can make your tithes and offerings a few different ways:

1. Make automatic donations from your bank account. Contact [northfieldumc@gmail.com](mailto:northfieldumc@gmail.com) for a form.
2. Donate online using a credit card, by clicking on the GiveMN tab on the church website [northfieldumc.org](http://northfieldumc.org).
3. Drop a check in the offering basket during in person worship.
4. Mail a check to: Northfield United Methodist Church  
1401 S. Maple St., Northfield, MN 55057

#### Enjoy the Convenience of Electronic Giving!

Electronic giving offers convenience for individual congregation members and provides much needed donation consistency for our congregation. Please consider electronic giving.

Authorization forms are available on our website [northfieldumc.org](http://northfieldumc.org) or by emailing [northfieldumc@gmail.com](mailto:northfieldumc@gmail.com).

**General Fund April 2022 contributions \$27,978.66**  
**General Fund April 2021 contributions \$20,256.66**

**General Fund YTD 2022 contributions \$123,674.10**  
**General Fund YTD 2021 contributions \$130,668.64**

**NOTICE**

### Charge Conference June 26th, 10:30am

We will have a charge conference immediately following worship on June 26th to approve the new leadership board.

All members are welcome to participate.

# Message from the Pastor

On Saturday, May 18th, a white 18 year-old walked in to a grocery store in a predominantly black part of Buffalo, NY, and started shooting. Ten people were left dead by the time he was subdued and surrendered to police, who were quick to label the act a hate crime. Since then, his video livestream and online writings have come to light, illustrating his hatred of black, immigrant, and other folks who he believed were all part of a plot to replace white people in America for partisan political gain. He was unapologetically a white supremacist.

In case it needs to be said: racism, in any form or expression, is sin. The end. This expression was more deadly than most, but all manifestations do harm of some kind and demand repentance.

An editorial follow-up in the Star Tribune from later that week by two Twin Cities professors, Jillian Peterson and James Densley, described their findings in compiling a (depressingly large) database of mass shootings in the United States and those who perpetrate them. They have interviewed many, many shooters, trying to get at the question we all want to know: why? Why this action, this time, these people, this place?

First, Peterson and Densley address a usual scapegoat - mental illness - by noting that amongst all known mass shootings, mental illness affects only 10% of the shooters. Be very, very careful in attributing violence to poor mental health; we have many people in our church family who manage all levels of mental illness who have never, and will never, harm anyone. This is not their fight.

What I found worthy of new reflection in this editorial was this: "The hunt for motive is ultimately fruitless. In our comprehensive database of mass shooters of the last 50 years, one of the most common motives is 'unknown.' All we can say with some degree of certainty is that no one living a fulfilled life perpetrates a mass shooting." Densley and Peterson go on to say that a common thread amongst shooters is that the violence is intended to be their final act; whether they finish by shooting themselves, are brought down by police, or spend the rest of their lives in prison, "they have no plans for what happens next."

"No one living a fulfilled life perpetrates a mass shooting."  
"They have no plans for what happens next."

Video games, movies, books - heck, the Bible itself - hold stories of unlikely, unseen people who take on heroic roles in final glorious reckonings. These stories hold a seductive power; it means that someone whose life is invisible and unremarkable could end up being "The One" whose actions make the decisive difference in the plot. At their best, they offer hope that any one of us, at any point, could play a significant role in the Big Story - so we should be ready when our number is called. Perhaps most importantly, they all tell a story that ends with decisive final

victory on the other side of a cosmic battle - once the final boss is defeated, the game ends; the last pages of a book share a glimpse of a world being reborn for a new and peaceful future. The final, cathartic act is what changes everything, and ushers in a world in which the hero and other "unlikely" people like the hero are, at last, given what they deserve.

The common thread that these academics have found amongst mass shooters in the US over the last 50 years points to an internalization of this kind of story, wherein the shooter plays the part of the main character whose final act lays the groundwork for some new thing on the other side - it isn't for the hero to plan for that; the hero's job is to take the fight to the "bad guys." That's not mental illness. That's an overdeveloped sense of frustrated entitlement, a sense that life was supposed to be more than what it is for this person, and the fact that it isn't is someone else's fault - something a final act of mass violence will change: at long last, this person will be noticed as the hero in the story, and their action will contribute to the final battle that reorders the universe - one that will finally put the shooter and people like him on top, where they belong. This man's white supremacy was premised on the notion that he deserved things he didn't have, and that black people were to blame for this discrepancy; his murderous violence was supposed to remedy that in some way.

Only it doesn't. The only things these shooters leave behind is carnage, pain, grief, and a community left to pick up the pieces. They leave behind the (by now) rote condemnations of violence, racism/anti-Semitism/misogyny/anti-immigrant ideologies, the reflexive cries for gun control, and the predictable pendulum swing back to blaming this on "troubled" minds, not the weapons used.

Be wary of how Christian stories, images, and ideas are woven into warped worldviews scapegoating people who aren't like you; just because someone cites Scripture doesn't mean they are acting in its service. If someone in your life is going down this very bleak and dangerous road, let's talk; while nothing is foolproof, there are better and worse ways to have conversation with folks trying to make sense of why their lives aren't better than what they are and who is responsible for that. The single most important factor in changing trajectory is connectedness - tempting as it is to write people off when they log into the most violent recesses of the internet, that's absolutely the worst thing we can do. Instead, stand in the breach. Keep your hand reached out. Be "The One" who changes the story for this person. It may be the act that changes everything after all.

Blessings, Rachel



**Pastor Rachel will be on vacation June 27-July 1. If you are in need of emergency Pastoral care during that time please contact the church office at 507-645-5689.**

# FAMILY ministry

Mark your calendars! For children, youth, and families, we will have opportunities for fun and faith development this summer. More information and pre-registration information will be available as each date approaches; join the family ministries or NUMC all-church email list to stay up-to-date. Questions, or need to sign up for the email lists? Let us know! [info@northfieldumc.org](mailto:info@northfieldumc.org). Registration for all summer events (except camp) is live on our website [northfieldumc.org](http://northfieldumc.org).

## KC3 Evening Celebration (K-5th grades)

**Friday, June 3, 5:30-8:30pm**

Swimming and s'mores - who could ask for more? We will gather this final afternoon of the school year for fun and fellowship before summer is fully upon us. We will also celebrate advancing our 5th graders to our middle school youth fellowship for the fall.

## Graduation Sunday

**June 5**

This Sunday we celebrate our high school graduates and others completing educational programs.

## LYFE Camp (8th-12th grades)

**June 18-25**

LYFE Camp at Northern Pines is an opportunity to explore God's creation and dive deeper into faith and what relationship with God means - all in the company of other youth from around the United Methodist Church in Minnesota. To register or find more information: [campminnesota.org](http://campminnesota.org). Scholarships are available, and we will make sure any youth who wants to go to camp can go!

## Fire Ring Clean-up and Campfire Gathering (6th-12 grades)

**June 22, 6:30 – 9:00pm**

For youth who aren't attending LYFE Camp, we will meet at the church fire ring the evening of June 22nd for fellowship and a service project of cleaning up our well-used church fire ring and gathering space. A campfire gathering will follow.

## Parents Night Out

(childcare for children 10 and younger, provided by the 6th-12th grade youth and NUMC Family Ministry staff and volunteers)

**July 22, 5:00-9:00pm**

Raising funds for an August canoe day trip, older youth will offer a night of childcare to parents of younger children from 5pm-9pm. 6th-12th grade kids will have games and activities and fun set up for their younger church family siblings.

## Feed My Starving Children (6th-12th grades)

**July 12, 7:00-8:30pm**

Gathering at the NUMC campus to carpool, 6th-12th grade students and families are invited to pack food for children in need at the Feed My Starving Children site in Eagan (990 Lone Oak Rd, Eagan, MN). Meet at church for carpooling.

## Trailblazers Camp (3rd-6th grades)

**July 31-August 3**

Pack your bags, we're going to church camp! This is a great first "away" camp with three nights in cabins at Camp Koronis near Paynesville, MN. NUMC students will be picked up by a bus at the church and transported to camp on the 31st, and the bus will return the kids that Wednesday. This event requires pre-registration at [campminnesota.org](http://campminnesota.org) - spots do fill up, so make sure your student gets registered as soon as possible - scholarships are available, and we will make sure every student who wants to can go to camp.

## Trailblazers Junior Camp at NUMC

**August 1 and August 2 (Pre-K - 2nd grades) 6:30-8:00pm**

Our youngest disciples may not be quite ready for sleep away camp, but we will have fun for them right here at church! We will explore God's creation and learn more about the amazing world God has made.

## Daytrip: Canoes on the Cannon River (6th-12th grades)

**August 13**

We will gather at the church to carpool to the canoe launch point and share a day of fun in the sun on the Cannon.



# Notes from the Parish Nurse

## JUNE IS NATIONAL MIGRAINE & HEADACHE AWARENESS MONTH #MHAM

“June is National Migraine and Headache Awareness Month (MHAM), an opportunity to raise awareness about migraine and other headache diseases.” ([www.headaches.org](http://www.headaches.org)) It is estimated that 40 million people in the United States and about one billion people throughout the world live with migraine or headache disease. In the United States about 16 million people have undiagnosed migraines.

To understand migraines better, it is helpful to have an actual definition of the disease, and information about causes, risk factors, symptoms, triggers, treatment, lifestyle and home remedies, and alternative medical care. (Other types of headaches may have some similarities to migraines but also differences. They will not be covered in this article.)

There are 150 types of headaches that fit into two categories, primary or secondary. A migraine is classified as a primary headache because it is not caused by a different medical condition. It is a clinical diagnosis that can't be determined by a blood test or imaging study. A secondary headache is a symptom of another health issue. A migraine is more than a bad headache; it is a neurological disease that can be debilitating. “Movement, light, sound, and other triggers may cause symptoms like pain, tiredness, nausea, visual disturbances, numbness and tingling, irritability, difficulty speaking, temporary loss of vision, and many more.” ([www.my.clevelandclinic.org](http://www.my.clevelandclinic.org)) Throbbing, pulsing headaches often starts on one side of the head but can move around. Pain can also be felt around the eyes, temples, face, sinuses, jaw or neck. Often it gets worse with physical activity, lights, sounds, and smells. Nausea and vomiting can accompany the pain. A migraine can last from hours to days and can even interfere with one's daily activities.

An aura is a “group of sensory, motor, and speech symptoms that usually act like warning signals that a migraine headache is about to begin. (This is referred to as a complicated migraine.) They can last 10-60 minutes and are experienced by 15% to 20% of people who get migraines.” ([www.my.clevelandclinic.org](http://www.my.clevelandclinic.org)) Symptoms of an aura might be seeing bright flashing dots or sparkles, noticing blind spots in one's vision or temporary vision loss, seeing wavy or jagged lines, noticing changes in smell or taste, tingling skin, or experiencing speech changes. Other types of migraines include common migraine, where the person does not experience an aura, silent migraine where there is no pain but an aura is present, and chronic migraines where a person suffers from a headache at least 15 days per month.

It is hard to predict who might get migraines, but there are some risk factors that make a person more susceptible to getting this type of headache. They include genetics (if one has a relative who has the disease), gender (more women than men get migraines because of the hormonal influence), high stress levels, and smoking. Other causes can be caffeine, alcohol, sleep changes, physical exertion, weather and barometric change, medications, foods such as aged cheeses and salty processed foods, and food additives such as aspartame and monosodium glutamate (MSG).

Treatments for migraines include pain-relieving medications that are taken during an attack to stop the symptoms and/or preventive medications that are taken regularly to decrease the severity, frequency, and duration of migraines. Lifestyle and home remedies are relaxation and biofeedback, staying hydrated with water, keeping a headache diary, developing good sleeping and eating routines, and exercising regularly. And finally, alternative medical treatments can be used for relief. They include acupuncture, biofeedback, cognitive behavioral therapy, meditation and yoga, and herbs, vitamins, and minerals. ([www.mayoclinic.org](http://www.mayoclinic.org))

The focus for National Migraine and Headache Awareness Month 2022 is related to the pandemic. A new era of care has developed as 78% of people who have migraines or headaches are using telemedicine as opposed to just 22% pre-pandemic. Also during the pandemic there has been a “70% rise in the number of migraine attacks” and people have more stress managing their disease. “Migraine and headache diseases are invisible illnesses...but Americans are standing up, fighting stigma, and demanding to be seen, treated effectively, and respected.” ([www.migraineheadacheawarenessmonth.org](http://www.migraineheadacheawarenessmonth.org))





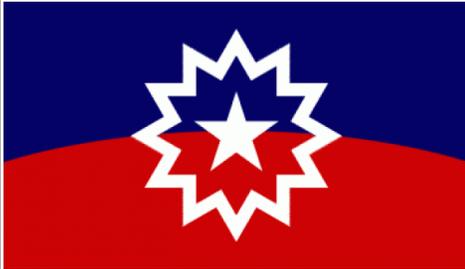
One very important way to express faith values in our society is by casting your ballot for one candidate at every opportunity. In 2022, there will be a primary in August and a general election in November and possibly special elections.

Take time in June to ensure your voter registration is up to date. Are you still on the role or registered voters? Do you have a different name or address than you did the last time you voted? Has your registration lapsed?

You can check your status and learn the different ways you can make changes to your registration by contacting the Rice County Election Office, Rice County Government Services Building, 320 Third St. NW, Faribault, MN 55021. Phone: 507-332-6104 or at the Secretary of State Website – <https://www.sos.state.mn.us/elections-voting/find-county-election-office/>.

To join the NUMC ISAIAH Team, contact Evelyn Burry ([evelynburry@hotmail.com](mailto:evelynburry@hotmail.com); 507-645-7481).

### Dismantling Racism Team (DRT)



Juneteenth National Independence Day (June 19) commemorates the day in 1865, two and half years after the Emancipation Proclamation, that Union troops announced emancipation to the enslaved people in Galveston, Texas. It became a federal holiday in 2021. According to [Juneteenth.com](http://Juneteenth.com), "It is a time for reflection and rejoicing. It is a time for assessment, self-improvement and for planning the future." The General Commission on Religion and Race (GCORR) is using Juneteenth as the starting date for its Racial Justice Prayer and Action Challenge. GCORR will post daily prayers for six weeks and will have a weekly challenge to help put prayers into action. Individuals can sign up at [www.r2hub.org/racial-justice-prayer-action-challenge](http://www.r2hub.org/racial-justice-prayer-action-challenge).

In May, we were blessed to have Rev. Dawn Houser (Aitkin UMC) serve as guest preacher. During her presentation to the Adult Forum, Rev. Houser shared statistics and information about the human trafficking of native peoples, as well as a brief history of American Indian residential schools and their lasting impact on individuals, families, and tribal communities. Things we learned:

- In any given month from 2012 to 2022 in Minnesota, between 27 and 54 American Indian women and girls were missing.
- Nationally, 84% of Indigenous women have experienced some form of violence; 88% of crimes committed against Indigenous women are interracial.
- Current violence against Indigenous women is rooted in colonization, historical trauma, and racism.
- Between 1819 and 1969, a total of 408 American Indian residential schools operated in 29 states. Minnesota was home to 21 schools in 18 cities.
- About half the schools were affiliated with religious institutions. Methodists sponsored at least 14 schools.



**Beach Read** definition 1. a book you can take on holiday, which is good enough to keep you engaged but not so serious it will spoil your holiday.

It varies from person to person, of course, but the main idea is that the book will complement the frame of mind you hope to be in— "a vacation for body and brain."

So, maybe Minnesota has cabins up North and lakeshores rather than oceanside beaches, but we all have that comfortable lawn chair or the one in the house where the AC keeps you the coolest. To that end, the church library

committee will have lighter reading as the primary book displays in Fellowship Hall and the Church Library. Look for everything from biography, to poetry, and of course, to fiction.

Thanks to a church member's donation we have author Karen Kingsbury's 22 book saga of the fictitious Baxter family. Kingsbury, is referred to as an "'inspirationlist' novelist" and as "queen of Christian fiction." Each Baxter family series stands together as a self-contained saga with any one book as a stand-alone novel. Your church librarians will be sorting out the approximately 60 books in all.

Here's to a Minnesota summer of relaxation, good books, and much more. Mosquitoes, included, I suppose. It is summer.



# MICAH NEWS

## Methodists Investing in Care and Action for the Holy Land - Based on Micah 6:8

*“What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God.” - Micah 6:8*

On April 21 MICAH hosted its first zoom event with guest presenter Rev. Alex Awad, speaking about The Bible and the Holy Land Today. To watch the recording of Rev Awad's excellent presentation and to learn more about the situation in Palestine from a Christian perspective:

<https://youtu.be/kvP5laNykFs>



Rev. Awad recommended Palestinian Christian Alliance for Peace (PCAP) [pcap-us.org](http://pcap-us.org) of which he is a board member. This group also has a speaker's bureau on the topic of Palestinian justice and faith. PCAP is the voice of the Palestinian Christian American community. “Our vision is peace with justice in the Holy Land, with all of its people enjoying equality and dignity.”

**A point of interest:** One of the 39 people who registered for this event was Lucy Janjigian, who is also a member of PCAP and is an acclaimed artist. Check out her art. [www.lucyjanjigian.com](http://www.lucyjanjigian.com)

As a result of this event at least two people, who are not members of NUMC, made contributions to MICAH's family sponsorship. Several asked for copies of Alex's Two Covenant Comparison chart.

### Prayers from Christians in Jerusalem:

On Wednesday 11th May, Al Jazeera journalist Shireen Abu Akleh was killed as she prepared to report on Israeli raids in Jenin. Abu Akleh, a Palestinian Christian from Bethlehem with American citizenship, was shot by Israeli occupation forces. Following her death, Israeli forces attacked mourners at her funeral in Jerusalem, at one point causing her coffin to fall.

**Dear Lord, we pray that Shireen rest in peace and rise in glory. We pray that her family find peace as they grieve her death. May those in the international community speak up against these injustices, work to ensure a full investigation, and bring those responsible to justice.**

The Israeli government is set to put forward plans for 4,000 illegal settler homes to be built in the occupied West Bank. If the plans are approved, this move will mark the largest advancement of illegal settlements in the last year.

**Lord, we pray that the international community will speak out over this further violation of international law proposed by the Israeli government. Lord, we cry out to you as the Palestinians look set to lose even more land.**



### Olive Oil for Sale

Palestinian organic, fair trade, extra virgin olive oil.

**500 ml/16.5 oz for \$20.00**

**750 ml/25.4 oz. for \$25.00**

Now available in the church office

We are currently well stocked with olive oil.





United Women in Faith

### UMW Circle Meeting Dates

**August 21, 2022;** 5:00 PM- **Esther Circle** – Picnic for members and friends at Kildahl Park Pointe, 888 Cannon Valley Drive, Northfield, MN  
**Mugs and Muffins – June 20, 2022 – 9:00 AM**  
Northfield UMC church library Program: Boys of the Bible in Quilt Blocks

#### Mission u 2022 • July 23 and 24 • Via Zoom

UWFaith offers an exciting new approach to Mission u, introducing new curricula each year focusing on a biblical theme. Mission u 2022, is facilitated by Deaconess Kim Harris and by Shirley Durr. The curriculum, **Who Can We Be Together?** by Candace Simpson, brings participants into Jesus' teachings in Luke 13 to explore what it means to be in community.

As the author notes, "It's not easy to build and sustain communities, especially when there are forces that drain us, exhaust us, and even push us to act uncharacteristically. And yet, we are called to act on the most ethical principles of our faith so we can witness the kin-dom of God on earth." Because this event is virtual, the cost is \$25 to cover our costs. The study book **Who Can We Be Together?** can be purchased for \$10 at website: [uwfaith.org](http://uwfaith.org), scroll down to Resources/Shop to order the book. To register, email: [nnumwfreshconnection@gmail.com](mailto:nnumwfreshconnection@gmail.com) by July 11.

#### Mission Rummage Sale is back!

Mark your calendars!

Our unwanted Treasures for Mission

**Friday, June 24th**

**9:00 AM to 5:00 PM**

**Saturday, June 25th**

**9:00 to 12:00 noon**

**Bring your treasures to Fellowship Hall June 22-23**

**Early drop off in Room 120 June 19-21**

House Hold Items

Sports items

Clothes for all Ages

Dorm Room needs

Books

Miscellaneous

Do you have anything left to purge from your abode? Bring it to NUMC Wednesday and Thursday, **June 22 & 23.**

**Sponsored by United Women in Faith**

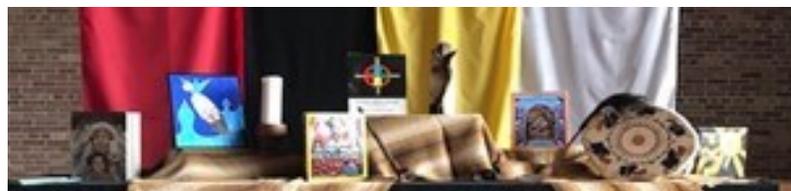


**Thank you Reverend Dawn Houser** for a very special Sunday, May 8th. Rev. Dawn is part Anishinaabe and Chair of the Committee on Native American Ministries. **Committee on Native American Ministries' (CONAM)** goal is the realization that our unity in Jesus Christ provides opportunities for all to become aware of the rich heritage of Native American history and spirituality through experiential learning." (MN Conference website) You may give to this mission at any time.

Photo: Rev. Dawn Houser is shown here in her ribbon skirt and jacket, both representing the many missing and murdered indigenous women of Minnesota and other areas. "No more stolen sisters."



**Thank you to all that took part in making the service happen:** Rev. Houser, Rev. Jeanne Martin, Catherine Williams, Nancy, Ella, & Maria Hegland, Molly & AddyLloyd, Lin Wolf; Linda Betzold, Merrell Thornton and the greeters. Special thanks to the NUMC Tech team, Rev. Rachel, and Sandy for their support in getting our message out there. God Bless you all!



# ANNOUNCEMENTS

Join us for fellowship and coffee in the Fellowship Hall following worship every Sunday!

For Sunday 9:30 am livestreamed worship service, visit our website: [northfieldumc.org](http://northfieldumc.org)



## Coffee Shop Office Hours

Pastor Rachel will be back at her coffee shop office hours starting June 9th, 1:30-3:00 pm on the back patio at Little Joy Coffee Shop, 300 Division St. S., Northfield. No appointment needed!

## Card Making with Margie

Monday, June 27, 2:30-4:00 pm  
In the Fellowship Hall  
Cost: \$10 to cover supplies.



Join Margie Brockton for a fun time of making greeting cards. She will have all the supplies needed. Call 507-649-2324 to register and for more info!

## New Member Class - June 19 –10:30-noon NUMC Church Library

You are invited to explore membership at Northfield United Methodist Church in a New Members Class after church on June 19, from 10:30am - Noon. We will learn about where United Methodists fit into the greater body of Christ and what membership at Northfield UMC looks like. If you choose to join, we can also set up the Sunday to welcome your household during worship. Please RSVP your intent to participate in this class with Pastor Jerad at [jmorey@northfieldumc.org](mailto:jmorey@northfieldumc.org).



## Mugs and Muffins

Mugs and Muffins will be meeting on June 20th at 9:00am in the church library. In May we started the "Boys of the Bible Quilt Block Series". Our first lesson informed us of many of the references to Jesus being called by over 100 different names in the Bible. In June we will learn about Adam, Cain and Able. New members and guests are always welcome.

## Northfield Rotary Youth Exchange

Is your family curious about other countries and cultures? Whether your family is small or large, with children young or old, you might be just right for hosting a Rotary Youth Exchange student this year; all it takes is a desire to welcome someone to your community and home.

Northfield Rotary Youth Exchange is seeking host families for inbound high school students from Norway, Uganda, Spain, Belgium, and Faroe Islands. Families host one student for 3-4 months while the student attends Northfield High School. As our exchange program starts up again since the start of the pandemic, it is an opportunity for our community to extend a welcome to these special students coming to Northfield.

Learn about the program at [northstaryouthexchange.com](http://northstaryouthexchange.com), [northfieldrotary.org](http://northfieldrotary.org), or contact Youth Exchange Officer Jesse Steed at 507-301-6785.



### Meals on Wheels



Our church will be sponsoring the Meals On Wheels for the Northfield community the week of June 19-25, Sunday through Saturday. We are seeking volunteers to be drivers to deliver the meals made by the hospital. It is a great service to get meals to those who need a good healthy meal. It only takes about an hour over the noon hour. You can volunteer 1 day or everyday or as many as you want.

Please send Marie Beck an email at [Marieyonnebeck@gmail.com](mailto:Marieyonnebeck@gmail.com) or call her at 608-322-3596 with days of the week you would be available to help. If you have a preferred route color (blue, green, yellow, pink or orange) include that with your message. Thanks everyone. It is fun seeing people as you deliver these meals.



### Aluminum Cans for Operation Backpack

Collect your aluminum cans and place in the container behind the church kitchen. All proceeds from the cans go towards Operation Backpack.

### Mission Sewing Project

Mission Sewing boxed up 10 book bags, 24 receiving blankets, 7 layette gowns and 49 diapers. These boxes were brought to Annual Conference and will soon be going to the United Methodist Midwest Distribution Center where they will be sent all over the world.



Mission Sewing meets on the fourth Wednesday of the month to tie quilts. Some of the quilts are given out at church baptisms. Some go to the Masonic Cancer or Children's Hospital. Some are donated to Operation Joy. Some go to refugee resettlement. We would love to have some new members.



### Thank you!

Thanks to Darlene Cox's artistic eye and green thumb, the planters at the church entrances are looking fresh, lovely, and welcoming.



The courtyard is enjoying a "refresh". The "Methodist Red" geranium is a nod to Bernice Van Nostrand who used to plant red petunias and geraniums there.

The south entrance "island" is also benefitting from Darlene's touch—with help from Bruce Paulson and Alan Cox removing bushes and Darlene's redo of the garden bed.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Mission Sewing	2	3 8:00 Men's Breakfast  5:30 KC3 Summer Celebration  Church office closed	4
5 9:30 Worship with Communion Graduation Sunday 10:30 Coffee in Fellowship Hall 10:30 Reconciling Ministries meeting	6 3:00 UMW meeting	7 9:00 Bible Study 7:00 Trustee meeting	8 9:00 Mission Sewing	9 1:30-3:00 Pastor Rachel, Little Joy Coffee Shop office hours	10 8:00 Men's Breakfast  Church office closed	11 12:00-4:00 Northfield PRIDE in the Park
12 9:30 Worship 10:30 Coffee in Fellowship Hall	13 1:00 Esther Circle - Kildahl	14 9:00 Bible Study	15	16 1:30-3:00 Pastor Rachel, Little Joy Coffee Shop office hours 2:30 Card Making with Margie 7:00 Renewal via zoom	17 8:00 Men's Breakfast  Church office closed	18 LYFE Camp Northern Pines
19 9:30 Worship 10:30 Coffee in Fellowship Hall 10:30 New Member Class LYFE Camp Northern Pines Meals on Wheels	20 9:00 Mugs & Muffins  LYFE Camp Northern Pines Meals on Wheels	21 9:00 Bible Study 3:15 MICAH meeting 6:45 Administrative Council meeting LYFE Camp Northern Pines Meals on Wheels	22 9:00 Mission Sewing 6:30 Campfire 6th-12th Grades  LYFE Camp Northern Pines Meals on Wheels	23 8:00 UMW Garage Sale Set Up 1:30-3:00 Pastor Rachel, Little Joy Coffee Shop office hours LYFE Camp Northern Pines Meals on Wheels	24 8:00 Men's Breakfast 9:00-5:00 UMW Garage Sale Church office closed  LYFE Camp Northern Pines Meals on Wheels	25 9:00-noon UMW Garage Sale  LYFE Camp Northern Pines Meals on Wheels
26 9:30 Worship 10:30 Coffee in Fellowship Hall 10:30 Charge Conference	27	28 9:00 Bible Study	29 9:00 Mission Sewing	30 1:30-3:00 Pastor Rachel, Little Joy Coffee Shop office hours	1 8:00 Men's Breakfast  Church office closed	2

### RESERVE YOUR MEETING SPACE

In order to guarantee your favorite meeting space is available and the HVAC systems are turned on please fill out a room reservation form for the church office. (This includes use of the Sanctuary for rehearsals, etc.) The form may be filled out on our website [northfieldumc.org](http://northfieldumc.org) or call the church office 507-645-5689 and one will be emailed to you. If your group meets on a regular basis you may reserve your space for multiple dates. **If for some reason you decide not to use your reserved space please notify the office in advance so that HVAC systems can be cancelled or the space can be used by someone else.**

### HAVING A SNACK/BEVERAGE OR ANY FOOD AT YOUR MEETING? REMEMBER TO COMPOST!

Contact Sandy in the church office for a list of compostable items available (provided free for church related meetings).



**Church Office Summer Hours begin June 3rd**  
**Monday-Thursday,**  
**9:00 am - 4:00 pm**  
**Closed on Friday**



### July Herald Newsletter Deadline

The deadline for the July issue of the Herald Newsletter is

**Noon on Tuesday, June 21, 2022**

Please submit your items in a digital format to [northfieldumc@gmail.com](mailto:northfieldumc@gmail.com).

# Because every picture has a story to tell...



Jody Mousel has served for nearly two decades feeding folks in our Super Wednesday ministries, shopping, prepping, and cooking - what a gift she has been!

She has retired now from this ministry, and we bless her years of service to the community in this way. We'll look forward to seeing what God calls her to next!



Bill Thornton was also thanked at the final Super Wednesday for his continued faithful service of dishwashing. A little light hearted gift of dish soap and a scrubbing sponge was presented to Bill for his future use!

Thank you to all of the Super Wednesday volunteers for feeding our bodies and souls for the past few months!



## Youth and Family Sunday, May 15th



Addie Lloyd reads scripture during Youth and Family Sunday.



Laura Emiko Soltis and her friend Tyrone sing Josh Groban's "Prayer" in worship.



The NUMC youth group prepared a skit using the story of Peter's vision in the book of Acts: "what God has called clean you shall not call unclean."



Just For Fun blessed us with "What a Wonderful World", singing the line "I see babies cry, I watch them grow; they'll learn more than I'll ever know" on Youth and Family Sunday.



NUMC partnered with Artmakers, a local non-profit providing opportunities for folks who have disabilities to perform and create, for a celebration of Fanny Crosby, a 19th Methodist hymn-writer who was also blind. She is credited as being the first woman to address a joint session of Congress, and lobbied for Braille schools and other social services as part of the progressive evangelical movement. Thanks to all who came out to sing on this glorious day, our Rotary partners for making a hybrid performance possible, and to all the performers!



Pastors Rachel and Jerad were away in early May officiating a wedding in Mexico; pictured is the "calenda", or wedding parade, that followed the service.



Rachel takes her job seriously...so when she had to prepare for a bilingual wedding in Mexico, she pulled out the playskool figures from the church nursery to practice officiating in two languages ahead of time!

**NORTHFIELD  
UNITED METHODIST CHURCH**

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**E - NEWSLETTER  
SIGN UP**



Northfield United Methodist Church offers an electronic option for our monthly newsletter. By having our newsletter available electronically, we will save costs on paper, postage and copier usage. The newsletter will still be available to those who want to receive a hard copy in the mail.

For those that sign up, you will receive an e-mail directing you to a link to view the newsletter. If you have more than one member in the household that would like to receive this e-mail, please list them also.

Please cut out this form, fill in the information and place it in the basket in the church office or place it in the offering plate on Sunday mornings.

Please print clearly! Thank you!

Name \_\_\_\_\_

E-mail Address \_\_\_\_\_

Name \_\_\_\_\_

E-mail Address \_\_\_\_\_

**Our Church Staff**

Pastors	Rachel McIver Morey Jerad Morey
Parish Nurse	Ruth Kruse
Office Administrator	Sandy Vesledahl
Child Care Provider	Kathryn Steed
Youth and Family Ministry	Rev. Todd Campbell Jr.
Children's Ministry	Gregory Ennis
Handbell Choir Director	Kathy Szydlo
Custodian	Arturo Rosas Avila
Information & Worship Technology Consultant	Jesse Steed
Treasurer	John Stull (Volunteer)

Retired Clergy: Wayne Abdella, Carl Caskey,  
Richard Collman, Jeanne Martin, Dick Waters,  
Mary Keen, Gordon Orde,  
Clay Oglesbee, Melvin Henrichs