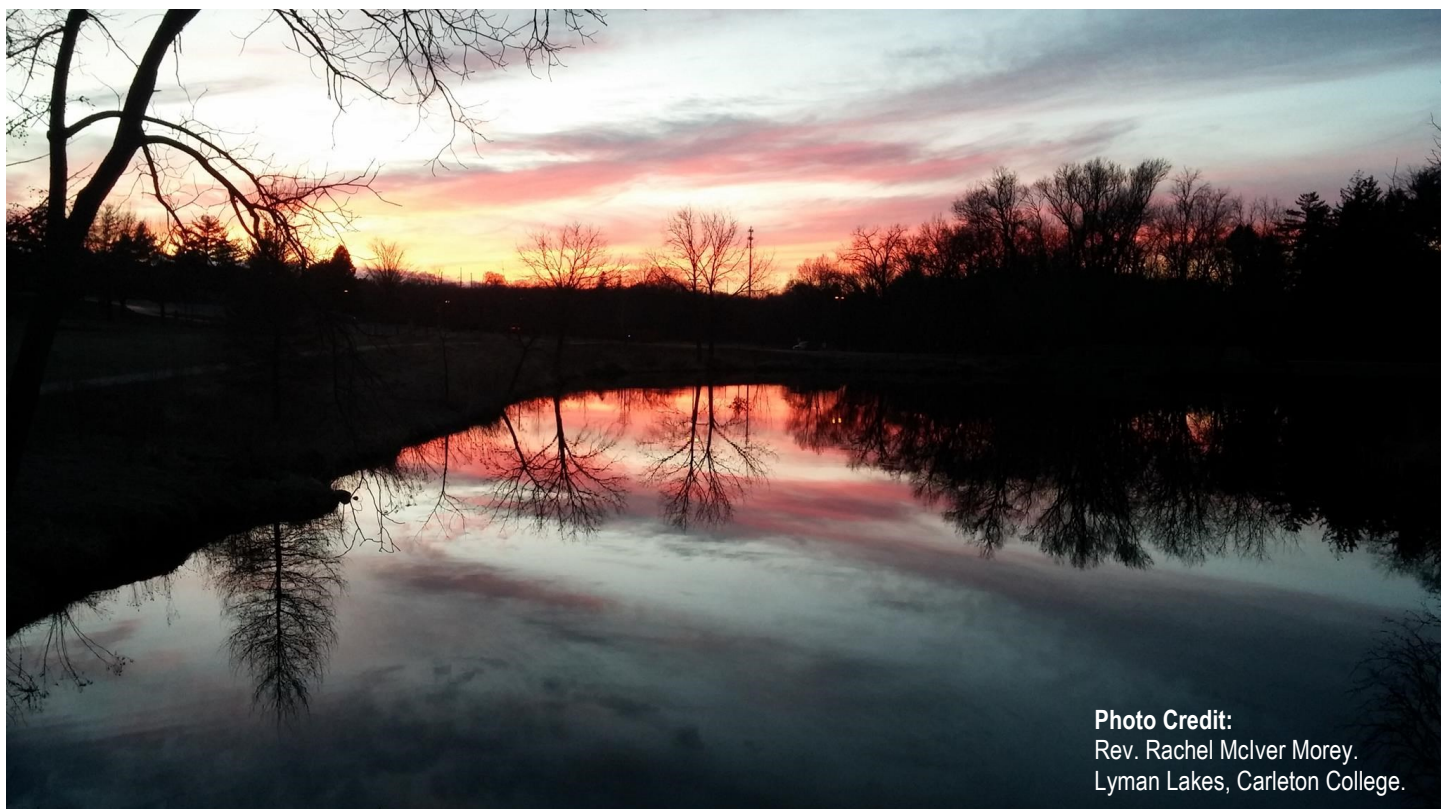


# United Methodist Herald

April 2023



**Photo Credit:**  
Rev. Rachel McIver Morey.  
Lyman Lakes, Carleton College.

## Inside this Issue

|                         |       |
|-------------------------|-------|
| April Worship           | 1     |
| Finance Update          | 2     |
| NUMC Board Minutes      | 2-3   |
| Message from the Pastor | 4     |
| Family Ministry         | 5     |
| DRT News                | 6     |
| ISAIAH                  |       |
| Parish Nurse            | 7     |
| MICAH News              | 8     |
| Library News            |       |
| United Women in Faith   | 9     |
| IT Tech Corner          | 10    |
| Announcements           | 11-12 |
| Meet the New Bishop     | 13    |
| Photos                  | 14    |
| April Calendar          | 15    |
| Church Staff            | 16    |

## April Worship

### Lenten Worship Schedule

**April 2 - Luke 19:28-40**  
**Palm Sunday and Celebration of Holy Communion**  
**Rev. Rachel McIver Morey**

**April 5 (6:30pm)**  
**Holy Wednesday**  
**(combined Maundy Thursday/ Good Friday service)**  
**NUMC Youth**

**April 7 (6:30-8:00pm)**  
**Good Friday Stations of the Cross**

**April 9 - Matthew 28:1-10**  
**Easter Celebration**  
**Rev. Jerad Morey**

**April 16 - Acts 2:22-32**  
**NUMC Board: Leadership Update**  
**Rev. Rachel McIver Morey**

**April 23 - Acts 2:36-41**  
**Rev. Todd Campbell, Jr.**

**April 30 - Acts 2:42-47**  
**Rev. Rachel McIver Morey**



## NUMC WELCOME STATEMENT

We affirm that all people are created in the image of God and, as beloved children of God, all are worthy of God's love and grace, regardless of their sexual orientation, gender identity, family status, race, ethnicity, physical or mental ability, socio-economic status, or age. We unreservedly support and affirm the full inclusion of persons of all sexual orientations and gender identities in all facets of ministry at Northfield UMC, including ordination and marriage. Following Christ's example, we open our hearts, minds, and doors to welcome all who come to us in God's grace.

## FINANCE UPDATE

### How to make tithes and offerings

You can make your tithes and offerings a few different ways:

1. Make automatic donations from your bank account.  
Contact [northfieldumc@gmail.com](mailto:northfieldumc@gmail.com) for a form.
2. Donate online using a credit card, by clicking on the GiveMN tab on the church website [northfieldumc.org](http://northfieldumc.org).
3. Drop a check in the offering basket during in person worship.
4. Mail a check to: Northfield United Methodist Church  
1401 S. Maple St., Northfield, MN 55057

### Enjoy the Convenience of Electronic Giving!

Electronic giving offers convenience for individual congregation members and provides much needed donation consistency for our congregation. Please consider electronic giving.

Authorization forms are available on our website [northfieldumc.org](http://northfieldumc.org) or by emailing [northfieldumc@gmail.com](mailto:northfieldumc@gmail.com).

**General Fund February 2023 contributions \$22,056.66**  
**General Fund February 2022 contributions \$21,941.12**

**General Fund YTD 2023 contributions \$47,343.32**  
**General Fund YTD 2022 contributions \$61,223.78**

## NUMC Board

The governing body of the church is the NUMC Board. The members of the board are duly elected at an annual meeting, or "Charge Conference," open to all membership. Share any concerns with the NUMC Board here: [info@northfieldumc.org](mailto:info@northfieldumc.org)

Co-Chairs: Kevin Dahle and Pierce Follansbee-Delong  
Treasurer: John Stull  
Secretary and Communications: Carolyn Seas  
SPRC Liaison: Jody Friedow  
Stewardship and Finance Liaison: Tim Goodwin

At-Large Members: Sara Newberg, Jessy Hoffer, Allie Lyman, Warren Winkelman, Bruce Benson, David Wolf, Bruce Dalgaard

## Northfield UMC Leadership Board Wednesday, March 1, 2023 Meeting Minutes

**Attendees:** Bruce Benson, Carolyn Seas, John Stull, Kevin Dahle, Pierce Follansbee-Delong, Allie Lyman, Sara Newberg, Jody Friedow, Tim Goodwin, Dave Wolf, Jessy Hoffer, Kerry Hanson, Pastor Rachel McIver-Morey

**Not Present:** Warren Winkelman, Bruce Dalgaard

**Meeting Called to order:** 5:30 pm by Pierce Follansbee-Delong

### NUMC Prayer

**Approval of Minutes:** A motion was made by Kevin Dahle to approve the January 18, 2023 NUMC Board minutes. John Stull seconded. Approved as read.

**Approval of Agenda:** Kevin Dahle moved to approve the agenda. Tim Goodwin seconded. Agenda Approved.

Continued on page 3

NUMC Board Minutes continued:

**Board Missional Responsibilities:**

**UMC Mission Statement:** To make disciples of Jesus Christ for the transformation of the world.

**NUMC Mission Statement:** We are called, nurtured, and sent out for this purpose: To glorify God by acts of devotion, worship, compassion, and justice.

**Agenda items**

**Fiduciary Items**

**SPRC updates:** staff goals set – no further items.

**Finance:** (John Stull and Tim Goodwin)

**Treasurer's Report**

**General Fund**

The balance in the CRB checking account was \$48,385.16, which is \$14,919.89 less than at the end of December 2022. General fund income for the month was \$26,820.66, \$14,834.30 less than the same month last year, and \$46,870.98 less than the previous months revenue. Monthly expenses were greater than last year, including salaries for the Youth Director and musicians, offset by no salary for a Worship Arts Director. We paid apportionments in January. We finished the month and YTD \$15,359.10 in the red.

**Physical Plant**

Physical Plant income was mostly from support from the General fund. Expenses were greater than last year for the same month, due to increases in custodial costs. For the month income was more than expense by \$827.39.

**Endowment Funds**

These funds now total \$946,923.94 including the amount we owe ourselves, which is \$334,802.54. This is \$34,009.09 more than the first of the year due to market gains.

**2023 Budget**

Tim informed the board that the 2022 year end budget ended approximately \$30,000 in the red. He also informed the board that the current church budget has no room for any cuts, if we want to keep the current ministries in place. He proposed that we start a stewardship campaign immediately to make up for the deficit from 2022 and to at least break even for 2023. A 10% increase in giving would allow us to break even, while a 15% increase would give us a small cushion to work with. John Stull made a motion to go to the congregation and ask church members for an immediate increase of 13% to 15% in their giving for 2023. Kevin Dahle seconded the motion. **Motion approved.**

John and Tim will go before the congregation on March 12th and 19th with the appeal. An all congregational letter will also go out in March, concerning the stewardship campaign.

**Facilities (Kerry Hanson)**

Currently the trustees are not planning any major projects on the facilities. Kerry did inform the board there will be a need for a capital campaign, in the future, to repair the parking lots.

**Set up: nomination task force (Rachel)**

Pastor Rachel proposed that those members, who's time on the board will expire in June, should form the nomination task force for new board members. Those members would be Tim Goodwin, Bruce Dalgaard and Jody Friedow. Sara Newberg made a motion to accept the proposal and Allie Lyman seconded. Motion approved.

**Ministry Items:**

**Daycare** – Erin Bailey presentation/Congregational engagement proposal (Kevin)

This was a closed session.

**Key Update** (None)

**Family event** (firm up leadership – family ministries staff/Board/at-large)

Todd Campbell and Pierce will lead up a Back to School/ New sidewalk celebration in the fall.

**Next Meeting**

**Wednesday, April 19 2023, 5:30 p.m.**

Meeting was adjourned at 6:35 p.m.

Respectfully submitted by Carolyn Seas  
Secretary



# Message from the Pastor

This month's note from the pastor comes to us from youth and family ministry director, Rev. Todd Campbell, Jr.:

The youth are traveling to be the hands and feet of Jesus! Our first mission trip since the pandemic and youth are excited to serve in Alamosa, Colorado. Thirteen youth and three adults will assist in food security and sustainability at farms near the San Luis Valley. There will be opportunities to assist farmers and immigrants in their daily upkeep in growing and distributing food. There will also be time to learn more about this small area of the country and its people and explore what God is up to in a place different from where we call home.

Your financial and spiritual support will make this possible. Some of my most memorable moments were opportunities I had to express my faith in service as a young person. I remember the mothers and deacons of the church who made it possible for me

to freely live out my call and explore. You are doing exactly that for our youth ministry. A special thank you to those who have pledged to sponsor a youth. There is still time to pledge! If you would like, please see the bulletin board in the narthex, or contact me ([youth@northfieldumc.org](mailto:youth@northfieldumc.org)).

Each month our youth and families will host fundraisers to contribute to our youth mission trip fund. Our first fundraiser will be an Easter Brunch hosted by our youth and families following worship on Easter Sunday. Be sure to stick around with your families to be fed physically after our spiritual feast!

Spring is also around the corner. This means it's time to clean our cars from any sign of winter. The youth will be selling Kwik Trip car wash cards that are worth 5 washes throughout April. Don't miss this deal and the opportunity to support our youth.

I have been blown away by the generous support of our congregation to make sure our youth have this experience to serve well. Please keep your ears and eyes open each month on ways you can continue to support.

In Service,  
Todd

## YOUTH MISSION TRIP FUNDRAISER



Want a clean car and help support the Youth Mission Trip? NUMC youth are selling Kwik Trip Carwash cards this month to off-set mission trip costs. Each card gives you 5 Ultimate washes for \$35; a savings of \$15. The Ultimate wash comes with: presoak, high-pressure wash, spot-free wash, under carriage wash, triple foam cleaner and 99 second dryer. Cards work at any Kwik Trip/Kwik Star location. Each card purchased returns \$15 to the church. Buy several for yourself, or give as gifts! You can find an order form on the poster in the Narthex or they can be ordered from any Youth group member. You may also contact [bpetersonmde@gmail.com](mailto:bpetersonmde@gmail.com) to order or for more info.

Northfield United Methodist Church

Easter Egg Hunt

Saturday, April 8th

1:00 pm

Meet in the south entrance parking lot



**Mark your calendars! Need any info on the ministries below?**

email us at [info@northfieldumc.org](mailto:info@northfieldumc.org)

## **Sundays:**

### **Children's Church (5th grade and under)**

Younger children are dismissed from the sanctuary at 10am to a worship service of their own, followed by fun and fellowship in the gym.

### **Sunday Youth Connect (6th-12th grade) 10:30am**

Older youth are invited to their own time for fellowship and conversation in the high school room.

## **Wednesdays:**

### **KC3 (K-5th grade) 3:30-5:30pm**

Join the fun after school at NUMC! Time to play, time to pray, time to learn and lead - children from Spring Creek Elementary are walked across the street, and students from other schools in the Northfield School District can ride the "church bus."

(NOTE: because of busing, registration in advance is required for KC3. Register at [northfieldumc.org](http://northfieldumc.org)).

### **April 9 - Easter Brunch**

Gather with your family in Fellowship Hall following Easter Service for a light brunch hosted by our Youth & Families Ministry. It is free-will offering and all proceeds will go toward the youth trip to Colorado.

### **April 16 - 9th & 10th Grade Confirmation Class, 10:30am – Noon, Youth Room**

What is a Methodist? Last month we went over some church history from Jesus to King Henry VIII. This month we will learn about John Wesley and the "method" of Methodism.

### **April 19 - Class of 2023 Graduates Meeting, 6:30pm, Library**

The graduating class of 2023 will meet to reflect and plan for their June 11 worship service.

**For children, youth, and families, we will have opportunities for fun and faith development this summer. More information and pre-registration information will be available as each date approaches; join the family ministries or NUMC all-church email list to stay up-to-date (need to join? Email us at [youth@northfieldumc.org](mailto:youth@northfieldumc.org))**

### **May 3 - Final Super Wednesday**

### **May 7 - Final Sunday of Children's Church & Youth Connect**

### **June 11 - Graduation Sunday**

Help us celebrate and bless the class of 2023!

### **June 17 - Youth Summer Chill**

Youth will meet up over ice cream or boba to connect and cool off.

### **July 9-12 - Trailblazer Camp (ages 8-12)**

Northfield UMC will provide transportation to/from camp this summer and our youth will enjoy the great outdoors in community. If there are any kids who could use scholarships, we do have fund available to assist with that.

### **July 23 - 28 - Youth Mission Trip**

Youth will travel to Alamosa, Colorado to help with food insecurity and sustainability.

### **July 30 - August 3 - Vacation Bible School**

Northfield UMC will partner with Little Prairie UMC (2980 130th St E Dundas, MN 55019) to offer our young students a memorable VBS.

## Dismantling Racism Team (DRT)

The first week of April is celebrated by the American Public Health Association and others as National Public Health Week. Public health is defined as protecting the health of people and the communities where they live, learn, work, and play. But not everyone in America gets to experience public health equally. Those in the public health field often talk about the social determinants of health, which are non-medical factors that affect how healthy we are, such as:

- Do I live in an area with clean air?
- Do I live in a house that is safe and free of health hazards like mold or lead paint?
- Do I have access to fresh and nutritious food (that I can afford)?
- Can I move around my neighborhood safely?

Each one of these factors manifests differently in neighborhoods across America because of structural racism. Think about practices like redlining, discriminatory lending, over policing and police brutality, decisions about where to build infrastructure and which communities to invest in. For the majority of our country's history, these decisions have been made by white people and white institutions to the detriment of people of color.

As a result of structural racism, there is a long list of disparities in health outcomes between white people and people of color. Here's one example from Minnesota: since 2010, rates of death from asthma have been 1.3 to 3 times higher for Black Minnesotans compared to white Minnesotans, and Native American children and adults in Minnesota are the least likely among all groups to have optimal asthma control. Asthma is influenced by environmental factors like air pollution, proximity to highways, and poor housing quality. You can find more Minnesota Healthy Housing Facts at [nchh.org/resource-library/fact-sheet\\_state-healthy-housing\\_mn.pdf](https://nchh.org/resource-library/fact-sheet_state-healthy-housing_mn.pdf).

To understand more about the connection between public health and racism, try the following resources:

- [Racial Disparities in Health Outcomes](#): a write up from Tulane University.
- [Structural Racism is a Public Health Crisis: Impact on the Black Community](#): a policy statement from the American Public Health Association.



### ISAIAH Northfield and Land Stewardship Project Summit with Legislators

- ISAIAH organizes people of faith and shared values towards a caring economy, inclusive democracy, and just climate future in MN. Join our Northfield Area chapter of ISAIAH and partner organization Land Stewardship Project on Sun. 4/16, 2-4 pm at First United church of Christ (UCC, 300 Division St) for a powerful conversation with our state legislators about how they're leading to pass legislation that provides those services that our communities need to thrive, and how we can take strategic action with them through the rest of the legislative session.
- **Register here:** <https://secure.everyaction.com/inQoqnkiHbFmNhi9mCQ2>  
Registering in advance allows you to quickly check on that day instead of needing to do a full registration at that time, and it helps the organizers plan for any handouts and other logistics.

You might wonder if it matters to come together and express our values to the legislators. It does.

1. It matters to the legislators. Seeing us in person gives added impact to our words and bolsters their conviction to carry on in the world of justice.
2. It matters to those who attend. Sometimes a person might feel like a lone voice, but joining others also bolsters the individual's efforts for justice.
3. It matters to those who learn from us after the event and encourages them to also speak out for justice.

If you would like additional information or need help registering, contact Evelyn Burry at [evelynburry@hotmail.com](mailto:evelynburry@hotmail.com) or 507-581-4684.





# Notes from the Parish Nurse

"Nearly a quarter century ago, the Autism Society launched a nationwide effort to promote autism awareness, inclusion and self-determination for all, and assure that each person with ASD [Autism Spectrum Disorder] is provided the opportunity to achieve the highest possible quality of life." April is *National Autism Awareness Month*. It is a time to promote autism awareness and acceptance. To celebrate, presidential/ congressional declarations are made, online events and activities are available, and in some locations events and activities are planned through affiliates.

"Autism spectrum disorder (ASD) is a complex developmental disability; signs typically appear during early childhood and affect a person's ability to communicate, and interact with others. ASD is defined by a certain set of behaviors and is a 'spectrum condition' that affects individuals differently and to varying degrees." More than 3.5 million Americans live with an autism spectrum disorder. It is the fastest growing developmental disability. The prevalence in the U. S. is estimated at 1 in 68 births.

At each well child visit, care providers should perform a developmental screening. Some behaviors in infants and toddlers warrant further evaluation by a multidisciplinary team. They are listed below.

- Does not coo or babble by 12 months
- Does not point or wave by 12 months
- Does not say single words by 16 months
- Does not say two-word phrases by 24 months
- Has a loss of language or social skill at any age

Signs to look for in slightly older children include:

- Fixation on parts of objects
- Repetitive use of language and/or motor mannerisms (hand-flapping)
- Lack of spontaneous play
- Delay or lack of spoken language
- Little or no eye contact
- Lack of interest in relationships with peers

Children do not "outgrow" autism, but autism is treatable. There is no single cause of autism, and no single treatment. With increased awareness about the syndrome early diagnosis and intervention can happen, which leads to "significantly improved outcomes."

Information for this article came from two helpful websites: [www.autism-society.org](http://www.autism-society.org) and [www.cdc.gov/ncbddd/actearly/index.html](http://www.cdc.gov/ncbddd/actearly/index.html).





**Methodists  
Investing in  
Care and  
Action for the  
HolyLand**

*“What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God.” - Micah 6:8*

**This fall is MICA's 10th anniversary!  
Watch for information about how to  
celebrate with us!**

During this Holy season Palestinian Christians are devoting themselves to times of prayer, fasting, and almsgiving. Palestinian Muslims mark the month of Ramadan, March 23 – April 20 by fasting from sunrise to sunset, taking part in charitable acts and meeting up with family members.

*Lord, we pray that during this season we will draw aside in worship and prayer. As we bring our prayers for our families and neighbors to you, help us to remember to pray faithfully for our Palestinian brothers and sisters. May we stand with them as they cling to the word of hope, which helps them resist the dispossession and injustice they suffer under occupation. Lord in your mercy, hear our prayer.*

**Our Bethlehem family are living in fear and instability, hoping for better times ahead.**

### **Hope**

We Palestinians suffer from an incurable disease called “hope”

Hope for liberation and independence

Hope for a normal life where we shall be neither heroes nor victims

Hope to see our children go to school without danger

Hope for a pregnant woman to give birth to a living baby, in a hospital,  
not to a dead child in front of a military control post

Hope that our poets will see the beauty of the color red in roses,  
rather than in blood

Hope that this land will recover its original name:

“Land of hope and peace”

Thank you for carrying with us this banner of hope.

-Mahmoud Darwish, the national poet of the Palestinians.

### **Olive Oil for Sale**

Palestinian organic, fair trade,  
extra virgin olive oil.

**750 ml/25.4 oz. for \$25.00**

Available in the church office.  
We are currently well stocked  
with Olive Oil.



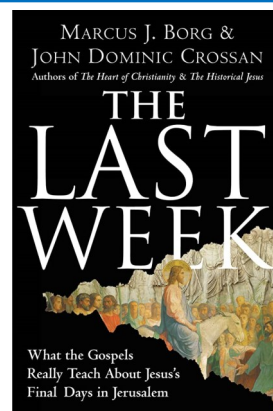
Before Easter comes with its joy, there is the final week with its dark sorrow. It is part of the Story. Look at it, we must. In *The Last Week, What the Gospels Really Teach About Jesus's Final Days in Jerusalem* co-authors Marcus Borg and John Crossan do just that.

They begin each chapter - each day - with pertinent verses from the Book of Mark and go on from there. Copies are found on the desk in the Church Library and on the library's display in Fellowship Hall.

Post Easter, the sermon messages turn our attention to the Book of Acts. Studies of this book will be available. More reference works are found in the library, shelved on the far right.

This is a good time to remind you of the coverage of contemporary issues found in the periodicals subscribed to; the most recent issues are found in Fellowship Hall. Older copies are in the library.

As always, that room down the hall from the church kitchen is your room, with more magazines, more reference toms, thought provoking nonfiction, and relaxing works of fiction. For all ages!







United  
Women  
in Faith

**We can make a difference!**  
**April 29, 2023 Hosting River Valley District Women**  
information: Contact C Williams at [cwilliamsteacher303@gmail.com](mailto:cwilliamsteacher303@gmail.com)

**United Women in Faith March Meeting Dates:**

**April 3, 2023 – UWF Executive Board meets – 3:00 Fellowship Hall**

**April 10, 2023 - Esther Circle – 1:00 PM**

Kildahl Park Pointe, 888 Cannon Valley Drive, Northfield, MN

**Mugs and Muffins – April 17, 2023 – 9:00 AM - Northfield UMC church library**

**Saturday, April 29, 2023, River Valley District United Women in Faith Spring Gathering - April 29, 2023**  
**8:45 AM-3:00 PM – at NUMC - Cost \$20.00 – lunch included. All interested women are invited to attend.**

**AM Speaker: Gina Washburn** – “Entertaining Angels Unawares” issues facing Latino migrants: Gina is a retired attorney having spent her career directing non-profits serving survivors of sexual assault and adults with disabilities and working as a lobbyist while executive director of the Minnesota County Attorneys Association.



During her 6 years of retirement, Gina has dedicated herself to issues facing our local [Northfield] migrant community having worked on the passage of the City's Municipal ID and now issues facing the residents of Viking Terrace. Currently she serves as the Chair of First UCC's [United Church of Christ] Immigrant Welcoming Ministry. In that capacity she traveled, October 2022, to the US/Mexican border to “bear witness to the conditions at our border”.

Gina will share with us the people and organizations she met with to obtain this first-hand knowledge, as well as to provide us with facts about migration at the border and will offer recommendations about how we can contribute to helping our neighbors.

**PM Speaker: Rev. Pamela Ngunjiri Gojere** – “Truth Telling and Reparations” - Racial Justice



“Rev. Ngunjiri is an ordained elder in the African Methodist Episcopal denomination, has been a social worker, college professor, and is recently completing a Doctorate in Ministry focused on Racism, White Supremacy and the Christian Church.

She has eight years of experience pastoring historically Black Churches and decades of involvement in racially, culturally and ethnically diverse communities prepares her for this work. “My education and experience, coupled with my passion for working for racial justice, will benefit not just the Minnesota Council of Churches but also individual congregations throughout Minnesota and their communities,” says Rev. Ngunjiri.

**Volunteers needed for a successful day:** NUMC is hosting United Women in Faith ladies from the River Valley District (southeast MN). **Volunteers are needed** to make this day an informative and enjoyable one. Can we count on you to meet, greet, and serve our 60+ guests for the day? **Set up Friday evening, Welcome/Registration Saturday AM; arrange/serve noon lunch, day hostesses; child care.**

**Grooming or Hygiene kit supplies needed**  
**April 29, 2023 kits to be assembled.**  
**See the list in the March Herald newsletter.**

Website: [UWFaith.org](http://UWFaith.org) – National UWFaith  
<https://www.mnconfumw.com> – Minnesota UWFaith

**Mission Rummage Sale**  
**Repurposing Treasures for Others**  
June 18-20 Pre drop off items (Church hours)  
June 21-22 Drop off & Set up in Fellowship Hall  
9:00 AM – 7:00 PM  
**June 23 (9:00-4:00) – 24 (9:00-12:00) - Sale**



# IT Tech Corner

By Jesse Steed

"Accept my friend request." "Can you do me a favor?" "Hi, I'm Rachel from cardholder services."

Everyone gets these messages by email, text and phone, and there are new ones coming at us all the time. By developing safe practices we can learn to protect ourselves no matter the threat online.

In our first Internet Safety Class last Sunday, I talked about confidence scams and how to stay safe online. Finding out how to distinguish between friendly messages and deceptive tricksters can be a challenge. When I talk to businesses and organizations about marketing I talk about 3 things: your message, your audience, and your distribution channels like newspaper and radio, though I focus primarily on the internet with social media, Google, websites, etc. Good marketing builds trust in the message and the sender, but this is also what bad actors are trying to do.

Scams nowadays aren't like the good old days when a con artist would try to fleece you face to face. Now the scam industry is a highly sophisticated network with call centers, auto dialers, and complex software to track it all. How do they do it so well? The scammers have a lot of our data at their disposal and they go after everyone.

The dark web has to get their databases from somewhere. In the last 15 years there have been significant data breaches at Target, Yahoo, Facebook, and many others. Through these the scammers have our credit cards, purchasing history, browser history, passwords, and more. While this can be very helpful to a scammer, one of the most popular scam types is "call/text/email everyone and see who responds." All of us get these generic messages every day. The most common ones tend to follow this theme: You did something, it is alarming, I can help.

For example: Your bank account has been suspended. Contact us for verification and re-activation.

Or another common one: Your Amazon purchase of \$900 is scheduled for delivery, contact us with questions.

These are designed to create enough alarm and worry on your part that you forget to consider whether the sender is valid or if the message is a trick. We get worried and we want instant resolution (if not sooner!), so of course we want the sender to help us get our account back or refund the purchase we didn't make. There's always a little thin veil in front of the big lie in these scam messages.

These scams are the safest for the scammer because it can be really risky to steal someone's credit card number and use it to buy things in person or online. It takes a lot of time, and there are a lot of systems in place to prevent it and track down the thief. Wouldn't it be a lot safer for the scammer if instead of stealing, they got you to just give them the money or gift cards, and then not report it to the police?

A common one we hear a lot about at the church is a text message that says "Do you have a minute? I need a favor - Rev. Rachel Morey." **Neither Rachel nor any NUMC staff will ever ask for money, gift cards, wire transfers, etc, in this sketchy manner.** If this comes as a text message, look at the sender's phone number. You can always call the church office and ask if the sender's phone number matches Pastor Rachel's. If you receive an email message, look at the sender's email address. Again, call the church office if you are in doubt of communications you receive.

So what can you do? Learning more about the communication programs you use, such as email programs and native phone apps, will help you distinguish between legitimate and scam communications. Learn how to identify the sender's email address, hover over links before clicking on them in emails to see where they will take you, examine attachments to see if the file type makes sense and call the sender on a trusted number before downloading the file. Don't let anyone pressure you into a rash decision. Give yourself time, don't answer right away, and talk to your friends and family about how you should respond to communications from unexpected or unfamiliar sources.

Monday, Aug 15 • 3:52 PM

Texting with (231) 202-2603 (SMS/MMS)

Hi Jesse, I need a favor you text me back as soon as you see this message.-Rev. Rachel Morey

Aug 15, 3:52 PM



Text message



# ANNOUNCEMENTS

Join us for fellowship and coffee in the Fellowship Hall following worship every Sunday!

For Sunday 9:30 am livestreamed worship service, visit our website: [northfieldumc.org](http://northfieldumc.org)



## Aluminum Cans for Operation Backpack

Collect your aluminum cans and place in the container behind the church kitchen. All proceeds from the cans go towards Operation Backpack.

## SUPER WEDNESDAY MEALS

Wednesday evenings 5:30-6:30 pm

For the weekly Super Wednesday meal menu visit our facebook page

<https://www.facebook.com/NorthfieldUMC>

each week or call the church office at 507-645-5689.

**FINAL SUPER WEDNESDAY - MAY 3**



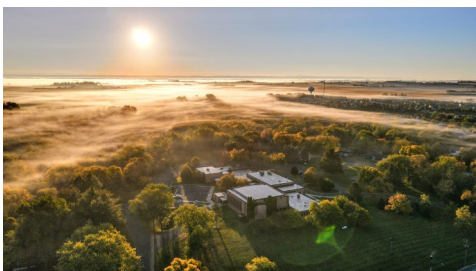
As the school year programs wrap up in the next few weeks, please check the lost and found box in the NUMC Narthex to see if there are any items of yours.

Any items still present at the end of May will be donated.

## April 16: State of the Church and Northfield Childcare Adult Forum

NUMC Board co-chairs Pierce Follansbee Delong and Kevin Dahle will offer a "state of the church" address at the beginning of worship April 16th, highlighting what we did this last year, naming our core values, and what lies ahead.

Immediately following worship, co-chair Kevin Dahle will lead a congregation conversation in the Reception Room about our study of the need for more childcare in Northfield, and what the possibilities are for our church to be a part of that.



## Facilities Workday: April 22nd, 8:30am

Spring comes, and with it comes spring cleaning! There's lots of work to do to get our campus spruced up for our spring and summer ministry programs. Come with work gloves and rakes if you want to work outside, and if you are planning to work inside rubber gloves would serve you well. No need to RSVP.



Don't Miss the  
**DEADLINE!**

**May Herald Newsletter Deadline**

The deadline for the May issue of the Herald Newsletter is:

**Noon on Wednesday, April 19, 2023**

Please submit your items for the newsletter in a digital format (word document) to [northfieldumc@gmail.com](mailto:northfieldumc@gmail.com).



## Mission Sewing Project

Mission Sewing is busy getting quilts finished so we will be able to donate to many different places. Some of the places we donate to are Masonic Children's Hospital, Emma Norton Services, Operation Joy.

Our next meeting is April 26th, Wednesday to tie quilts. We meet at 9AM in Room 120.



## Mugs and Muffins

Mugs and Muffins will meet on April 17th at 9AM in the church library. We are continuing our study of the "Boys of the Bible Quilt Block Series." In April we will be studying Reuben, Moses and Aaron.

New members and guests are always welcome.



## PLEASE RESERVE YOUR MEETING SPACE WITH THE CHURCH OFFICE

It's really important that you reserve your meeting space with the church office in order to avoid conflicts.

This can easily be done via our website.

Go to [northfieldumc.org](http://northfieldumc.org) and click on "**Reserve a Room**". Just fill in the blanks and click on submit.

Need help? Call the church office and we will be happy to walk you through making the on-line reservation.

Meet on a regular basis? You can reserve multiple dates on one form.

(Reserving your space also schedules the HVAC/Air Sanitizing system for your meeting room.)

## Card Making with Margie

Monday, April 17th, 2:30-4:00 pm  
In classroom #120

Cost: \$10 to cover supplies.

Join Margie Brockton for a fun time of making greeting cards. She will have all the supplies needed. Call 507-649-2324 to register.



## Livestreaming Memorial Services

Your church is now able to offer livestreams for memorial services and funerals. Participate in these life transition events by watching here:

<https://northfieldumc.org/funerals>



## Welcome our new bishop, Rev. Lanette Plambeck!

(copied from Minnesotaumc.org)

**Formative years:** Bishop Plambeck grew up in western Iowa and spent her first decade unchurched and living in poverty. When her dad married her mom and adopted her, she was introduced to faith and baptized. But it was when she spent two months in the hospital with a severe illness that God showed up and shared God's plan for her life; the very next day, at age 10, she declared that she was going to be a pastor. Eventually, she found her way to United Methodist-related Morningside College (now Morningside University), and started attending a nearby United Methodist Church. "My heart was warmed by that theology," she said, and soon after she became United Methodist.

**Gifts and graces:** Bishop Plambeck describes herself as "unapologetically Wesleyan," empathetic, compassionate, and loyal, and said she clings to her integrity. "I am compelled to see others who are often overlooked," she said. "I can speak the truth in love and see ways to move through log jams of personal preference toward missional priorities. I can build diverse teams that lead well together."

**Nature and mission of the church:** "Church is a community of people struggling with and embracing life finding hope and purpose through Jesus while learning to love God and love others," said Bishop Plambeck. "The church at its best is generative in its disciple-making, engaged in the means of grace, working toward justice, especially with the poor and marginalized. Jesus' on earth as it is in heaven goal is nothing less than behaving as if God is leading and loving us toward something bigger than ourselves."

**Vision for the church:** "My vision for the church is a body of Christ-followers engaged in serving others and finding wholeness for themselves along the way," Bishop Plambeck said. She holds a deep conviction that church as Jesus saw it—the community of people following his teaching—has the potential and the power to change the world. "Fulfilling that vision begins with local people who know God and learn to love one another – who are committed to serve their local community," she explained.

**Ministry focus:** Developing and deploying leaders has been Bishop Plambeck's passion over her 25 years in pastoral ministry, and she believes this is most successful when there is intentional partnership between laity and clergy. The local church is the most significant location where disciple-making occurs, she said, and "it is where we discover ministry is not the obligation of the licensed or ordained; it is the responsibility, privilege, and joy of all the baptized."

**Human sexuality:** "I desire and will work to remove the restrictive language around human sexuality in the Book of Discipline, relying on the discernment of local churches and clergy to act with grace and faithfulness in their witness and teaching," Bishop Plambeck said. "I believe the North Central Jurisdiction can be a place where clergy are entrusted and empowered to act with theological integrity and social sensitivity as they each determine who they will marry—a place where all people who are gifted and called to be pastors will be able to enter the licensing and ordination process. I trust every church to self-determine how to honor God and love their neighbors in the ways they bear witness and minister within and beyond their walls."

**Fun facts:** The bishop's resume includes two most interesting, non-ministry roles: She is a veteran of the U.S. Army and was deployed to Desert Storm/Desert Shield as a military intelligence analyst from 1989 to 1992. In the Army, she studied Russian language and culture and spent almost a full year at the Defense Language Institute in Monterey, California. She also served as a licensed counselor in family systems and chemical and substance abuse from 1992 to 1997.

**Personal practices and hobbies:** Every day, Bishop Plambeck engages in a daily practice of what she calls "sacred listening" from 4:30 to 7:30 a.m. It is a set-apart time to center, read, meditate, journal, and pray, and the bishop says this is the most disciplined part of her life as well as the most important. In her free time, Bishop Plambeck enjoys finding her way to bookstores, antique shops, or museums. She loves board games, going to brunch with friends, traveling, and baking. And she tries to go on an annual mission trip with a local community of faith. She has one adult daughter who is in her second year at Georgetown Law in Washington, D.C.

**Leadership:** To stay accountable in her leadership, Bishop Plambeck asks God three questions every day: How may I glorify you? How might I point others to Christ? And (at the end of the day) did I love? Those who enjoy personality assessments might be interested to learn that she is an INTJ on the Myers-Briggs Type Indicator, an Enneagram 3W4, a high D on the DISC Inventory, and her top five StrengthsFinder strengths are ideation, strategic, learner, self-assurance, and achiever. "I am a visionary who is passionate about Jesus, justice, and quality leadership," she said. "I beg permission to assert one inviolate truth: Our deep longing for God and for the vital witness of The United Methodist Church will be fulfilled as by God's grace we stand firm and cling to our deeply rooted spiritual and missional integrity."



# Because every picture has a story to tell...



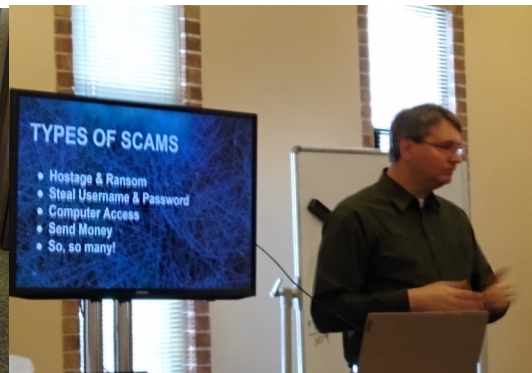
NUMC Band leading us in worship on March 5th.



David Miller and Nick Weaver play an Irish hornpipe to welcome folks to worship on St. Patrick's Day weekend.



Pastor Jerad talks with the children about what to do with advice, whether it is good or bad.



Information and communication technology consultant Jesse Steed offered an adult forum on internet safety on March 19, with helpful tips on recognizing scams and hoaxes that come to us through email and social media.



Erin Bailey, Northfield Community Education Director, joined us for an adult forum on February 20th to help us learn more about the need for childcare in Rice County. We have about 1000 families who need childcare and around 400 spots available, so the need is great. Pray with your NUMC board leadership for how we might be called to help, and join a conversation led by board co-chair Kevin Dahle after worship on April 16th in the recent room for next steps.

If you have photos from your church group or event and would like them printed in the next Herald newsletter, just email them to the church office at [northfieldumc@gmail.com](mailto:northfieldumc@gmail.com) with a brief description.





# April

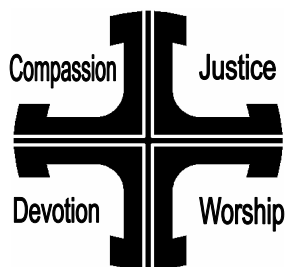


| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday   |
|---|--|--|---|--|---|--|
| <p>"Community Reservation" designates a room reservation for a non-church related community organization.</p>   | <p><b>PLEASE RESERVE YOUR MEETING SPACE WITH THE CHURCH OFFICE</b></p> <p>Go to <a href="http://northfieldumc.org">northfieldumc.org</a> click on "Reserve a Room" fill in the blanks and click on submit.</p> | <p><b>Church office hours:</b><br/> <b>Mon-Thur.</b><br/> <b>9 am - 4 pm</b><br/> <b>Fri - 9 am - noon</b></p>   | <p><b>29</b><br/> <b>9:00 Mission Sewing</b><br/> <b>11:30-1:00</b><br/>           Community Reservation<br/> <b>No Super</b><br/> <b>Wednesday - Spring Break</b></p>  | <p><b>30</b><br/> <b>12:00 Community Reservation</b></p>   | <p><b>31</b><br/> <b>8:00 Men's Breakfast</b></p>   | <p><b>1</b><br/> <b>8:30-11:00</b><br/>           Community Reservation</p>  |
| <p><b>2</b><br/> <b>9:30 Palm Sunday</b><br/> <b>Worship with Communion</b><br/> <b>10:00</b> Children's Church<br/> <b>10:30</b> Youth Connect<br/> <b>10:30</b> Coffee in Fellowship Hall<br/> <b>10:30</b> Adult Forum</p>   | <p><b>3</b><br/> <b>3:00</b> UWF meeting<br/> <b>7:00</b> Community Reservation</p>  | <p><b>4</b><br/> <b>9:00</b> Bible Study<br/> <b>7:00</b> Facilities Team Mtg.</p>                               | <p><b>5</b><br/> <b>9:00 Mission Sewing</b><br/> <b>11:30-1:00</b><br/>           Community Reservation<br/> <b>Super Wednesday</b><br/> <b>3:30-5:30</b> KC3<br/> <b>5:30</b> Shared meal<br/> <b>6:30 Holy</b><br/> <b>Wednesday Service</b></p>  | <p><b>6</b><br/> <b>12:00 Community Reservation</b></p>  | <p><b>7</b><br/> <b>8:00 Men's Breakfast</b><br/> <b>6:30-8:00 pm Stations of the Cross</b></p> | <p><b>8</b><br/> <b>8:30-11:00</b><br/>           Community Reservation<br/> <b>1:00 Easter Egg Hunt</b></p>                       |
| <p><b>9</b><br/> <b>9:30 Easter Worship</b><br/> <b>10:00</b> Children's Church<br/> <b>10:30 Easter Brunch - Youth Mission Trip fundraiser</b></p>   | <p><b>10</b><br/> <b>Church Office Closed</b><br/> <b>1:00</b> Esther Circle - Kildahl<br/> <b>7:00</b> Community Reservation</p>  | <p><b>11</b><br/> <b>9:00</b> Bible Study</p>  | <p><b>12</b><br/> <b>9:00 Mission Sewing</b><br/> <b>11:30-1:00</b><br/>           Community Reservation<br/> <b>Super Wednesday</b><br/> <b>3:30-5:30</b> KC3<br/> <b>5:30</b> Shared meal<br/> <b>6:30</b> Youth Fellowship<br/> <b>6:30</b> Handbell Choir<br/> <b>6:30-7:30</b> Open gym</p>  | <p><b>13</b><br/> <b>10:30 Community Reservation</b><br/> <b>12:00 Community Reservation</b></p> | <p><b>14</b><br/> <b>8:00 Men's Breakfast</b></p>   | <p><b>15</b><br/> <b>8:30-11:00</b><br/>           Community Reservation</p>   |
| <p><b>16</b><br/> <b>9:30 Worship</b><br/> <b>10:00</b> Children's Church<br/> <b>10:30</b> Youth Connect<br/> <b>10:30</b> Coffee in Fellowship Hall<br/> <b>10:30</b> Adult forum - State of the Church<br/> <b>10:30</b> 9th &amp; 10th Grade Confirmation</p>   | <p><b>17</b><br/> <b>9:00</b> Mugs &amp; Muffins<br/> <b>2:30</b> Card Making with Margie<br/> <b>7:00</b> Community Reservation</p>   | <p><b>18</b><br/> <b>9:00</b> Bible Study<br/> <b>3:00</b> MICAH Mtg.<br/> <b>6:30</b> Community Reservation</p> | <p><b>19</b><br/> <b>9:00 Mission Sewing</b><br/> <b>11:30-1:00</b><br/>           Community Reservation<br/> <b>Noon - Herald Deadline</b><br/> <b>Super Wednesday</b><br/> <b>3:30-5:30</b> KC3<br/> <b>5:30</b> Shared meal<br/> <b>5:30</b> NUMC Board<br/> <b>6:30</b> Graduating Seniors Meeting<br/> <b>6:30</b> Youth Fellowship<br/> <b>6:30</b> Handbell Choir<br/> <b>6:30-7:30</b> Open gym</p> | <p><b>20</b><br/> <b>12:00 Community Reservation</b><br/> <b>7:00</b> Renewal via zoom</p>       | <p><b>21</b><br/> <b>8:00 Men's Breakfast</b></p>   | <p><b>22</b><br/> <b>8:30-11:00</b><br/>           Community Reservation<br/> <b>8:30-noon</b> Facilities Team Spring work day</p> |
| <p><b>23</b><br/> <b>9:30 Worship</b><br/> <b>10:00</b> Children's Church<br/> <b>10:30</b> Youth Connect<br/> <b>10:30</b> Coffee in Fellowship Hall<br/> <b>10:30</b> Adult forum</p> <hr/> <p><b>30</b><br/> <b>9:30 Worship</b><br/> <b>10:00</b> Children's Church<br/> <b>10:30</b> Youth Connect<br/> <b>10:30</b> Coffee in Fellowship Hall<br/> <b>10:30</b> Adult forum</p> | <p><b>2</b><br/> <b>7:00</b> Community Reservation</p>   | <p><b>25</b><br/> <b>9:00</b> Bible Study</p>  | <p><b>26</b><br/> <b>9:00 Mission Sewing</b><br/> <b>11:30-1:00</b><br/>           Community Reservation<br/> <b>Super Wednesday</b><br/> <b>3:30-5:30</b> KC3<br/> <b>5:30</b> Shared meal<br/> <b>6:30</b> Youth Fellowship<br/> <b>6:30</b> Handbell Choir<br/> <b>6:30-7:30</b> Open gym</p>  | <p><b>27</b><br/> <b>12:00 Community Reservation</b></p>   | <p><b>28</b><br/> <b>8:00 Men's Breakfast</b></p>   | <p><b>29</b><br/> <b>8:30-11:00</b><br/>           Community Reservation<br/> <b>8:30-3:00</b> UWF District Conference</p>         |

**NORTHFIELD  
UNITED METHODIST CHURCH**

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Northfield, MN 55057

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Email: northfieldumc@gmail.com  
Website: www.northfieldumc.org



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E-NEWSLETTER  
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Northfield United Methodist Church offers an electronic option for our monthly newsletter. By having our newsletter available electronically, we will save costs on paper, postage and copier usage. The newsletter will still be available to those who want to receive a hard copy in the mail.

For those that sign up, you will receive an e-mail directing you to a link to view the newsletter. If you have more than one member in the household that would like to receive this e-mail, please list them also.

Please cut out this form, fill in the information and place it in the basket in the church office or place it in the offering plate on Sunday mornings.

Please print clearly! Thank you!

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E-mail Address \_\_\_\_\_

Name \_\_\_\_\_

E-mail Address \_\_\_\_\_

**Our Church Staff**

|  |  |
|--|--|
| Pastors  | Rev. Rachel McIver Morey<br>Rev. Jerad Morey |
| Parish Nurse                                   | Ruth Kruse                                   |
| Office Administrator                           | Sandy Vesledahl                              |
| Child Care Provider                            | Kathryn Steed                                |
| Youth and Family Ministry                      | Rev. Todd Campbell Jr.                       |
| Children's Ministry                            | Gregory Ennis                                |
| Handbell Choir Director                        | Kathy Szydlo                                 |
| Custodian                                      | Arturo Rosas Avila                           |
| Information & Worship<br>Technology Consultant | Jesse Steed                                  |
| Treasurer                                      | John Stull<br>(Volunteer)                    |

Retired Clergy: Wayne Abdella, Carl Caskey,  
Richard Collman, Jeanne Martin, Dick Waters,  
Mary Keen, Gordon Orde,  
Clay Oglesbee, Melvin Henrichs